

COMPREHENSIVE TREATMENT CLINICAL SERVICES

Outpatient Mental Health Program

The Outpatient Mental Health Program is funded by the Illinois Department of Human Services (IDHS), Office of Mental Health (OMH). The Outpatient Program began at South Central in 1986 as a State grant funded program for children and adolescents. In 1991 the Program received its Medicaid certification, and received both State grant dollars and federal Medicaid matching funds. The State began its move to fee-for-service in 2007. As of July 1, 2011 the State transitioned all programs to full fee-for-service, resulting in the Agency being able to serve children and adults.

The Program provides mental health services to youth 4-17 years old and adults at least 18 years old. Services include:

- ✓ Mental Health Assessment
- ✓ Treatment Plan Development
- ✓ Individual, Group & Family Therapy
- ✓ Case Management Services
- ✓ Crisis Intervention
- ✓ Community Support
- ✓ Psychiatric Evaluations
- ✓ Medication Management
- ✓ Emergency Medication
- ✓ Advocacy

EDUCATIONAL SERVICES

Day Treatment Program

The Day Treatment Program is one of the Agency's founding programs. The Program is funded by the Illinois Office of Education (IOE); and youth are referred by the Chicago Public Schools (CPS). Beginning school year 2004/2005, South Central's Day Treatment Schools were chosen as Cluster Schools for CPS School Region 6. Designated as a Cluster School, provides the programs priority ranking for student intake.

The Day Treatment Programs serve youth ages 5 to 21. The Programs serve an average of 100 youth annually in the elementary and high school programs. Youth enrolled in the Day Treatment programs have emotional and behavioral disabilities; and have been tuitioned-out of the mainstream Chicago Public School to a more restrictive (therapeutic day) environment. The environment offers students smaller classrooms and more one-to-one attention. Students enrolled have an Individual Education Plan (IEP) to which the teachers and social workers adhere. School is provided year-round, September 1 through August 31.

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Serving The Community For Over 44 Years

South Central Community Services, Inc.



"Promises Fulfilled"



PROGRAMS & SERVICES

2014-2015

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President/CEO



HISTORY

South Central Community Services, Inc. was founded in 1970 by residents of the Chatham/Avalon Park communities in response to a lack of mental health services for a growing number of children with emotional and behavioral disorders who were being excluded from the public schools on the South side of Chicago. To meet the needs of this unique population, the South Central Community Health Service Organization (SCCHSO) was formed and a special education school established. The name was changed to South Central Community Services, Inc. (SCCS), in 1981 as the Agency expanded its mission and added additional programs and services to address the increasing number of community problems.

Since that time South Central has blossomed into a major comprehensive social service agency, offering thirteen (13) different programs and services from five (5) facilities located throughout the Chicago area. Each year thousands of residents, ranging from youth to seniors, are beneficiaries of the services provided by SCCS staff.

South Central is currently governed by a 21-member Board of Directors composed of representatives from the business, corporate, government, and education communities, who guide the Agency in fulfillment of its mission of "improving the quality of life for individuals and families by providing quality mental health, educational, socio-economic, and recreational programs and services statewide.

The primary Chicago communities South Central serves are Avalon Park, Burnside, Chatham, Englewood, Greater Grand Crossing, Auburn Gresham & South Shore. South Central's staff, more than 80 continues to diligently address the myriad economic, educational, psychological and social challenges confronting its constituents.

The legacy of quality services and commitment to the community played a significant role in Agency's continued reaccreditation by the Council on Accreditation (COA), a national accrediting body; the North Central Association Commission on Accreditation (NCA); and, the National Association for the Education of Young Children (NAEYC).

With the strong support of the Board of Directors and under the vigilant leadership of Dr. Felicia Y. Blasingame, President/Chief Executive Officer, South Central continues to establish itself as one of the most effective comprehensive human service agencies in the State of Illinois, and one that positively impacts and improves the quality of life for individuals, families and communities.

COMMUNITY SERVICES

Academic Betterment (A's & B's)

The Academic Betterment Program is funded by the Chicago Department of Human Services' Department of Family & Support Services (DFSS).

This after-school program provides structured, age-appropriate activities for youth which are designed to increase self-confidence, membership, belonging, self-esteem, individual responsibility, autonomy, sense of safety, etc. The program operates five (5) afternoons a week, and full time during school breaks & during summer months for youth 6-13 years of age.

Out of School Time

Funded by the Chicago Department of Family Support Services' Department of Family & Support Services, the Out of School Time Sports & Recreation program provides innovative sports and recreation to community youth during out-of-school time. Activities include academics, mentoring/tutoring, basketball, softball, soccer, flag football, and City cultural tours. In FY '2014, the Out of School Time Program served over 100 youth.

Biddy Basketball League

The Biddy Basketball League provides an instructional and competitive athletic program to boys and girls, ages 3 through 15 years old. Participants learn the fundamentals of basketball, as well as concepts of leadership, teamwork, sportsmanship and self-discipline.

Summer Enrichment Camp

The Summer Enrichment Camp Program is for children 5 to 13 years old. The camp begins the Monday following the dismissal of the Chicago Public Schools and continues until one week prior to Labor Day. The camp is designed to support working parents during the summer months, as well as enrich the lives of children by reviewing academics learned & previewing those to come in the new school year; boosting self-confidence and independence, and just plain having fun.

Senior Recreation Services

In June of 2006, the Agency entered into a cooperative agreement with the City of Chicago's Department of Family & Support Services to manage their Senior Satellite facility located at 8300 South Cottage Grove Avenue. The Agency donated a Coordinator to the Satellite Facility who works on-site identifying and coordinating a wide range of activities for seniors in the Chatham and Avalon communities. Current services include daily lunch (\$1.50); computer classes (\$25 for a 6-week program); photography classes (\$25 for a 4-week class); massage services, aerobic classes and weight training (\$35 per year membership); karaoke, line dancing, afternoon movies, as well as nurse and pharmacy consulting services.

BRAG Club for Seniors

The Brag Club offers weekly socialization, cultural and recreational activities for adults 55 and over. These individuals volunteer their time, expertise and experience in support of South Central's programs and services.

Corporate Massage Services

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Are your employees overstressed? Are you interested in providing employee rewards or instituting an incentive program that will be beneficial to everyone?

From manufacturers to hospitals to auto dealerships, companies across the country are using seated massage services to make work less of a pain in the neck for employees. We offer a convenient method of alleviating the stress in the workplace.

Yes, chair massage in the workplace or the board room is convenient, beneficial, revitalizing and we'll tailor your massage services plan to suit your needs. Call today and set-up a visit and we'll bring the chair and services to you!